



Town of Middlefield Council on Aging

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COUNCIL ON AGING MEETING

December 10, 2014

1:30 P.M. at the Senior Center

MINUTES

Board Members Present: Chairman Howard Knickerbocker, Judy Hoag, Marge Batorski, Priscilla Suriner and Laurie Lafreniere.

Guests: Doreen Black and Caral Merrill

Regrets: Ed Vivier, Judy Artioli and Kim Baker

Chairman Howard Knickerbocker opened the meeting at 1:47 P.M.

Minutes: November 5th minutes were reviewed. Judy Hoag made a motion to accept the minutes of November 5, 2014 as modified. Priscilla Suriner seconded the motion. All were in favor. 0 opposed.

Tai Chai: Doreen Black reported that the average attendance for her classes which ran through November 20 – December 8, 2014 was four to five people each session. Doreen advertised several times in the Country Journal and posted flyers in various places. The main focus in her classes was on balance. Doreen requested that the attendees fill out a survey. Feedback included: Some people would make recommendations to others; some enjoyed learning how to get healthier and some felt more focused. Other people would like to see a more uninterrupted flow and thought that hand-outs would be helpful.

Doreen will submit the attendance sheet to the Board.

Howard made a motion to authorize Doreen Black to hold another eight weeks of sessions at \$40.00 per session. Laurie Lafreniere seconded the motion. All were in favor. 0 opposed.

Next Meeting: Next meeting is February 4, 2015 @ 1:30 P.M.

Adjournment: Howard made a motion to adjourn at 2:17 P.M. Marge Batorski seconded the motion. All were in favor. 0 opposed.

Respectfully submitted,
Suzanne C. Lemieux
Recording Secretary