



TOWN OF MIDDLEFIELD

COUNCIL ON AGING

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Council on Aging Meeting

April 6, 2016

1:30 at the Senior Center

MINUTES

Board Members Present: Chair Judith Hoag, Judy Artioli, Marge Batorski

Regrets: Laurie Lafreniere, Priscilla Suriner and Edward Vivier.

Guests: Patricia Jones and Marge Pierre

Minutes:

- Feb, 3rd and March 2nd minutes were reviewed. Judy A. made a motion to accept the minutes of Feb 3rd. Marge seconded. Judy A. made a motion to accept the minutes of March 2nd as revised, Marge seconded. Both motions passed unanimously.

2016 Possible events to discuss:

- May 4: Judy Artioli will hold Adventures in Trivia session. She will hand write a poster. The poster will be copied and posted at the Town hall and the Post Office.
- Reminder call list: The birthday list can be used to make the list. Marge P, Marge B and Suzanne are willing to make calls to remind people of activities.
- The Center will continue to be open from 10 to Noon to continue craft projects.
- SHAEC workshop: April 20th

-Suggestions for May, June and July workshops

- Marge P. suggested a planting herbs and flowers workshop in May or June. Prettying up the Senior Center could be the project. Judy A. will look into sunflowers that have already started.
- July 6: Birthday reception for Caral Meryl.
- Suggestions included a senior karate workshop and enlisting the aid of Skyler Radwich to get the WiFi usable.
- Health Clinic, report of info gathered by members since last meeting
 - Judith H. spoke to Kim Savery Hilltown Community Health Centers. Kim is excited to do a clinic which would include Blood pressure, Pre-diabetic screening, HOPE nurses and Hypertension screening. Phil Burns would talk about outreach. A window of two to three hours in June could be a good fit.
 - Cultural Council awarded the senior center a \$600 grant. A program called Wingmasters (North American Birds of Prey presentation) was suggested. The cost is \$375. Painting work shops were discussed.
 - Ice Cream Social for some time in the summer.
 - Western movie night at the senior center. Judith H. will talk to Scott and Judy A. will talk to Vic.

Possible Outings:

- Shrine of Divine Mercy - Stockbridge. Need to find out when shop is open; Merry Go Round will be opening in Pittsfield.

Dump Run Cafe schedule through May 8:

- April 24th - Judith H, May 1st - Suzanne, closed - Mother's Day and May 15th - Marge P.
- Appointments are due in July for COA Board. Discussion on how many people should be on the Board.
- Judith H. will look to see if any of the CORI checks are due.
- **Next meeting:** May 4th

- **Adjournment:** Marge B. made a motion to adjourn at 3:00. Judy A. seconded. Motion passed unanimously.

Respectfully submitted,
Suzanne C. Lemieux

