



Town of Middlefield Board of Health

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Last night, March 11th, the Board of Health in conjunction with the Emergency Management Director held an emergency meeting to address the COVID-19(Corona Virus). The meeting was attended by involved members of our town as well as outside members that provide vital medical services to the residents.

The virus is in some surrounding towns and Middlefield has to act proactively to protect its citizens. A plan is in place at this time but will be ever changing and updated as more information on the virus becomes available.

Seniors and those with underlying medical issues are more susceptible to illness and the possibility of contracting this virus.

Separation is vital to slowing the spread; that means to avoid large gatherings, diligent hand washing, no handshakes (use fist or elbow bump), no hugs and keep a social distance when possible. If you feel ill, STAY at home until your symptoms have passed for at least 24 hours. Neighbors, please check on any elderly in your area, either by phone or talking through a closed door until their health situation is determined to be unrelated to the virus.

Together, as a town, we may not be able to beat the virus but slowing it down is vital.